

# Concordia Student-Run Food Groups

[The Concordia Student-Run Food Groups Research Project](#)

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# SNAP-SHOT OF THE STUDENT-RUN FOOD SYSTEM AT CONCORDIA

March 22, 2017

## SUPPORT GROUPS

- Sustainable Concordia
- Sustainable Action Fund
- Concordia Student Union
- Graduate Student Association
- Concordia Food Coalition
- Centre for Gender Advocacy
- Q-PIRG Concordia

## PRODUCTION

### FOOD

#### GROWING FOOD ON CAMPUS

- Concordia Greenhouse
- City Farm School
- Campus Potager
- HydroFlora
- People's Potato Garden

#### GROWING FOOD OFF CAMPUS

- Hudson Land Trust Project
- City Farm School (Green Club)
- Campus Potager

#### FORAGING

- Sensorium

### KNOWLEDGE

#### EDUCATIONAL ACTIVITIES

- Concordia Greenhouse
- City Farm School
- Season Jars
- HydroFlora
- Coop les brasseurs illuminés
- le Frigo Vert
- Waste Not, Want Not Compost
- Sprouting Minds
- Cooking at Concordia

#### CONFERENCES

- Bite Me! Food Week
- Concordia Transitions

## PROCESSING

### FOOD TRANSFORMATION

- Cooking at Concordia
- People's Potato
- Hive Café Solidarity Coop
- Hive Free Lunch
- Reggies Coop
- Season Jars
- Coop les brasseurs illuminés
- Mother Hubbard's Cupboard
- *Burritoville \**

## DISTRIBUTION

### CAFÉ / RESTO / CAFETERIA

#### MARKET BASED

- Hive Café Solidarity Coop
- Café X
- G Lounge
- Reggies Coop
- *Burritoville \**

#### NON-MARKET BASED

- People's Potato
- Hive Free Lunch
- Hive Café (pay it forward)
- Mother Hubbard's Cupboard

### PRODUCE / GROCERY OUTLETS

#### MARKET BASED

- Greenhouse (Seedling sale)
- City Farm School Market
- Concordia Farmers' Market
- Campus Potager Pop-Up Market
- le Frigo Vert

#### NON-MARKET BASED

- Greenhouse (Seedling donations)
- People's Potato (food bank)
- Mother Hubbard's (vouchers)
- City Farm School (NDG Food Depot)

## WASTE MANAGEMENT

### INITIATIVES

#### EDUCATION / PROCESSING

- Waste Not, Want Not Compost
- City Farm School
- Café X
- Concordia Greenhouse

#### REUSABLE DISHES

- R4 Dish Project
- People's Potato
- Hive Free Lunch
- Hive Café Solidarity Coop
- Mother Hubbard's Cupboard
- Concordia Greenhouse

#### COMPOSTABLE PACKAGING

- Hive Café Coop
- Café X
- G Lounge

#### B.Y.O. DISH INCENTIVES

- People's Potato
- Hive Café Solidarity Coop
- Café X
- le Frigo Vert
- G Lounge

*\* No longer in operation*





















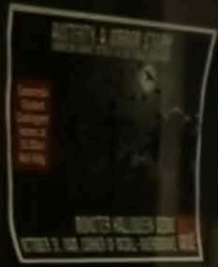




# CONCORDIA TRANSITIONS



**FEB  
08  
2015**









# PEOPLE'S POTATO









Peppers sm \$2.00  
Tomatoes sm \$1.50  
Eggplant \$3.00  
Beets \$2.00  
Herbs \$1.00  
Grapes \$2.00  
Grand Cherries \$2.00  
Zucchini \$1.00  
Bagged Garlic \$4 / bunch \$7.50  
T. Sanees \$2.50  
Green \$1.50  
2 cu \$















## Banana Bush

(Papua New Guinea, Philippines and Australia)



# What is your experience with the food system at Concordia?

Do you eat food on campus? If so, where do you typically buy your food?

Do you buy groceries on campus from the Farmers Markets, Concordia Greenhouse and/or Le Frigo Vert?

Do you get free food on campus from the People's Potato, Mother Hubbard's and/or Hive Free Lunch Program?

Are you in residence and are part of the Aramark meal plan? What is your experience with Aramark's services?

**What food services are missing that you would like to see on campus?**

**Are your needs being met? If not, what needs to be changed to meet individual and collective needs on campus?**



What would your ideal food system on campus look like?



How can we work together to address the changes needed to create an ideal food system?

What resources are required?

What changes are required from what exists currently?

What strategies should be used to create an ideal food system?



# Thanks!

Thank you for participating!

Don't forget to sign the volunteer recruitment form!

Frequently visit the [Concordia Food Groups Website](#)!

Come join us and participate in the Camus Food Research Hub!